



WHAT DOES MY HEALTH FEE COVER? COVID-19 EDITION

MEDICAL CARE

A variety of free medical services are available to you via Telehealth (Phone or Zoom).

- Nurse & Clinician Telehealth Appointments
- Prescription Medications - Phone to Pharmacy
- Referrals to community medical care
- TB Assessments

ASK A NURSE

Have a quick question you need answered by a nurse? Go to our website and look in the right sidebar for "Ask a Nurse" or type: www.sbcc.edu/healthservices

SEXUAL HEALTH

Santa Barbara Neighborhood Clinics will take student referrals five days a week.

- Birth Control
- STI (Sexually Transmitted Infections) testing and treatment
- Pregnancy Testing
- Free Condoms

W.E.L.L. CLUB WELLNESS. EDUCATORS. LIFE. LEARNING.

Student run club via Zoom focused on holistic mind, body, and spirit health!

PERSONAL COUNSELING

Personal counseling services are being provided via Telehealth (Phone or Zoom). All students taking classes for credit are eligible for confidential mental health assessment, counseling, and referrals, based on individual need. We are committed to promoting emotional health to support your academic and personal success.

ANCHOR PROGRAM

The SBCC Anchor Program will be providing support services via Telehealth (Phone or Zoom). The Anchor Program offers free and confidential substance abuse counseling, education, recovery support and referrals.

"THE WELL" SBCC'S WELLNESS CENTER

The WELL is offering services via Telehealth (Phone or Zoom). Our mission is to ensure the diverse SBCC student community feels heard, respected, and encouraged to gain the vital knowledge, tools, and support to move toward optimal lifelong health and wellness. Offering health and wellness workshops, group counseling, skill-building groups and events .

For more information visit:
www.thewellsbcc.com

Student Health & Wellness Services - (805) 730-4098

Want more information about SBCC personal counseling and medical care, please email:

healthandwellness@pipeline.sbcc.edu

See more at: **www.sbcc.edu/healthservices**