

Physical Education

Selected Student: Michael Sanchez

Submitted by: Ellen O'Connor and Sandrine Krul

Michael Sanchez returned to SBCC after a successful 30 year business career to pursue his lifelong passion in health and fitness. In his return to SBCC, Michael has demonstrated all of the qualities of being an outstanding student. Michael's approach to learning is holistic. He makes conceptual connections both within and between classes and applies these concepts to real life scenarios. Michael mentors younger classmates through his positive leadership skills and "can do" attitude. His work is always thorough, insightful, and on-time. When faced with challenges Michael perseveres with grace and determination. His life motto is an inspiration to all, "at the end of the day would you rather say I wish I had or I'm glad I did".

Michael's Words of Gratitude:

I am deeply humbled and honored to receive this recognition. My performance is simply a direct reflection of an outstanding curriculum, delivered by brilliant, passionate, caring and talented Professors. They continued to inspire and encourage me through the Covid 19 transition to online and to the finish line. I am also very grateful to SBCC and all SBCC staff for impeccable professionalism and for keeping our health and safety as much a priority as our quality of education. Thank you from my heart!