

PHYSICAL EXAM REQUIREMENTS

- Before beginning any Health Technology program, (ADN, VN, CNA, RT, or DMS), a current physical exam is required on the attached form. Must be done no more than one year prior to starting the program.
- You may choose your own physician's office or clinic to perform the physical examination; a list of clinics in the Santa Barbara area is provided for your convenience. Call ahead to confirm fees.
- One side of the physical exam form must be filled out by you, and one side by the physician.
- Take with you to your appointment any proof of immunizations, medical records, etc. The required immunizations are listed below.
- Be sure that the physician signs all required areas before you leave his/her office.
- If you want a copy of the physical exam for your records, please make your own copy before submitting the completed original form to the Health Technologies Office.

IMMUNIZATION POLICIES

The SBCC Health Technology Programs require certain immunizations for their students. The State of California Health and Welfare Agency, Department of Health Services recommends additional immunizations for students. Below is a list of the immunizations required by the SBCC Health Technology Programs and recommended by the Department of Health Services.

REQUIRED IMMUNIZATIONS:

TB Skin Test – Must show proof of a negative skin test for Tuberculosis within 12 months of starting the program and every 12 months while in the program.

Chest x-ray – Only if TB skin test is positive. Chest x-ray required every three years. Note from physician stating that patient is free from symptoms of active TB required annually.

Rubeola* – Documentation of receipt of two doses of a measles-containing vaccine or Rubeola titre test.

Rubella* – Documentation of receipt of rubella-containing vaccine or Rubella titre test.

*The MMR vaccine immunizes for Measles, Mumps, and Rubella.

RECOMMENDED IMMUNIZATIONS:

Mumps* – Receipt of one dose of mumps vaccine.

Hepatitis B – Documentation of either receipt of three doses of hepatitis B vaccine or of documented seropositivity. Federal OSHA may require employers to give employees of health care facilities the hepatitis B vaccine. If you work in the health care field, ask your employer. If you do not get the series, you will be required to sign a declination form.

Polio – Documented receipt of three doses of polio vaccine or seropositivity to all three polio types.

Tetanus-Diphtheria – A 3-dose primary series with a booster dose every ten years.