CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of the Director of Athletics, provide first aid, preventative and rehabilitative treatments to students engaged in intercollegiate athletics and other athletic activities; provide assistance to students in the screening, assessment, treatment, and prevention of athletic related injuries, general medical conditions, and movement dysfunctions in preparation for practice and athletic competition; Operate and maintain the athletic training room facility.

REPRESENTATIVE DUTIES:

ESSENTIAL DUTIES:
Screen and assess a variety of athletic related injuries, general medical conditions, and movement dysfunctions; provide first aid, preventative and rehabilitative treatment to athletes involved in intercollegiate athletics.

First contact and liaison for general medical conditions for all student athletes; provides assessment, treatment, and determines if necessary referral is required to student wellness center, urgent care, or hospital in emergency situations.

Prepares and coordinates written policies and procedures in emergency management, environmental conditions, concussion management, and return to play criteria in accordance with CCCAA bylaw 9.

Coordinates the arrangement of student athlete physical examinations on campus; arranges for medical doctors to come on-campus to perform the licensed physician portion of the pre-participation physical exam per CCCAA bylaw 9; including orthopedic exam, blood pressure and pulse, height, and weight; negotiates with off-campus clinics to provide pre-participation physicals to student athletes at a reduced cost.

Responsible for ensuring proper medical clearance and records are obtained for each student athlete prior to their season of competition, including non-traditional seasons in accordance with CCCAA and NCAA requirements for enrolled student:

- Insuring each athlete has a valid physical on file prior to participation in sport and coordinates with the director of athletics students eligibility for participation.
- Facilitation of student athlete meetings with each of our athletic teams; education of and signatures of athlete’s acknowledgement regarding HIPAA laws, insurance coverage, consent to treat, concussion education, skin disorders, and policies and procedures of the athletic training facility.
- Administration and analization of computerized baseline concussion testing.
Athletic Trainer - Continued

- Registration and oversight of completion of required fields of students athletes into our electronic database.
- Administer and grade concussion education quiz to each student athlete.

Coordinates, administers, evaluates, and record keeping of concussions and baseline concussion testing, including post-injury testing; acts as the treating medical professional for return to play protocol and daily symptom monitoring; administers baseline testing to all contact sports and high risk athletes in the form of ImPact, King-Devick, SCAT5, BESS, and graded symptom checklist.

Attend athletic events to monitor athletic activities and provide medical treatment services; identify, evaluate and provide immediate first aid in response to athletic injuries: administer emergency first aid as necessary.

Provide assistance to student athletes in the prevention of athletic injuries and prepare students for practice and competition; apply electrical and manual modalities, tape, stretch, massage and wrap athletes to prevent injury or re-injury; supply and assist students with straps, braces and other adaptive equipment to assist with protection from injury.

In the absence of the team physician, makes judgments concerning the ability of the injured athlete to safely participate in intercollegiate sports, including visiting team’s athletes’.

Provides athletic training and risk management to all Santa Barbara City College football games (home and away) and in-season practices in accordance with the CCCAA requirements; arranges for required licensed MD coverage for all home football games per CCCAA bylaw 9.

Develop and implement individualized rehabilitation and therapeutic and reconditioning programs for injured student athletes; assist student athletes with specialized therapeutic exercises; performs demonstrations and assures students understanding of proper exercise techniques and procedures; monitor and adjust activities in response to student progress.

Process and submit insurance claims and student athlete accident reports in accordance with district policies; prepare and maintain a variety of record and reports related to insurance claims, physical screenings, injuries, treatments, rehabilitation, student workers and assigned activities.

Communicate with student athletes, personnel and various outside agencies to exchange information, coordinate activities and resolve issues or concerns; provide assistance to students concerning insurance bills, issues and conflicts as requested; initiates negotiations for bids and contracts with outside vendors/ providers.

First contact for and facilitates communication between personnel, athletes, coaches, parents, administration and other healthcare professionals concerning the health and physical/ mental well-being of students.

Train and provide work direction and guidance and direct oversight at all times to student
**Athletic Trainer - Continued**

assistants; schedule and coordinates student work assignments; provide instructions and technical assistance concerning athletic training and related principles, techniques, practices and procedures.

Arrange medical appointments for student athletes and prepare related insurance forms as needed; implement physician instructions related to physical therapy; coordinates and arranges post-surgical rehabilitation for student athletes.

Coordinates, develops, and instructs team stability and corrective exercise programs; implementation of movement dysfunction screening prior to season or in off season to identify and treat at risk student athletes.

Inspects athletic equipment, uniforms and facilities to ensure compliance with established safety standards and requirements; coordinate and set up water and supplies for athletic activities as directed.

Operate a variety of first aid, therapeutic and adaptive equipment; utilize a computer and assigned software as required; drive a vehicle to conduct work; operate a two-way radio.

Maintains and renew outside provider contracts (i.e. ambulance services for home football), medical equipment calibration, and online software subscriptions.

Maintains currency in medical treatments, techniques and trends through regular attendance of workshops and conferences in accordance with continuing education requirements to maintain certification.

Order, receive and maintain adequate inventory levels of first aid and other treatment supplies as needed.

**OTHER DUTIES:**
perform related duties as assigned.

**KNOWLEDGE AND ABILITIES:**

**KNOWLEDGE OF:**
Principles, practices, procedures, techniques and equipment used in the prevention, care and rehabilitation of athletic injuries.
Symptoms and signs of various general medical conditions and athletic injuries and appropriate methods of treatment.
Practices, procedures and techniques involved in taping, stretching, massaging and wrapping athletes to prevent injury or re-injury.
Medical practices, procedures and terminology related to allied health professions.
Medical insurance coverage, claims, deductibles and explanation of benefits (EOBs).
Medical privacy acts and confidentiality forms.
Athletic Trainer - Continued

General human anatomy and physiological response to modalities.
Operation of a variety of first aid, therapeutic and adaptive equipment.
Safety Guidelines and regulation in athletic and therapeutic activities.
Eligibility requirements regarding proper medical clearance for sport.
Individualized rehabilitation and reconditioning techniques and procedures for injured student athletes.
Principles of training and providing work directions.
First aid and CPR techniques.
Oral and written communication skills.
Interpersonal skills using tact, patience and courtesy.
Record-keeping and report preparation techniques.

ABILITY TO:
Provide first aid, preventive and rehabilitative treatment to athletes involved in intercollegiate sports and other activities.
Screen athletes for movement dysfunctions and compensatory patterns to help reduce the risk of injury.
Provide assistance to students in the prevention of athletic injuries and prepare students for practice and competition.
Develop and implement individualized rehabilitation, therapeutic and reconditioning programs for injured students.
Identify, evaluate and provide immediate care for general medical conditions.
Identify, evaluate and provided immediate first aid in response to athletic injuries.
Identify and initiate referral for a variety of mental, physical and emotional concerns of student athletes.
Tape, stretch, massage and wrap athletes to prevent injury or re-injury.
Train and provide work direction and guidance to student assistants.
Arrange medical appointments for students and prepare related insurance forms.
Create and implement team stability programs.
Assist students with specialized therapeutic exercises.
Inspect and ensure safety of athletic equipment, uniforms and facilities.
Operate a variety of first aid, therapeutic and adaptive equipment.
Assess and evaluate athletic injuries during competition to determine if an athlete can return to play.
Plan and organize work.
Meet schedules and timelines.
Develop policies and procedures relevant to athletic training.
Attend outside workshops and seminars relevant to current trends and treatments in sports medicine.
Work independently with little direction.
Maintain records and prepare reports.
Become a district approved driver and complete risk managements requirements.
Communicate effectively both orally and in writing.
Establish and maintain cooperative and effective working relationships with others.
Athletic Trainer - Continued

Travel to off campus competition venues.
Be sensitive to, and have an understanding of the diverse academic, socioeconomic, cultural, and ethnic backgrounds of staff and students and to staff and students with disabilities.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: A Bachelor’s or Master’s degree in Athletic Training, Bachelor's must be in Athletic Training if Masters is in a related field. Course work must include completion of the Board of Certification (BOC) curriculum requirements. Minimum of 2 years experience.

LICENSES AND OTHER REQUIREMENTS:

Valid California driver's license with ability to obtain Class B.
Valid National Athletic Trainers Association Board of Certification (BOC).
Valid First Aid and CPR for Professional Rescuer issued by an authorized agency.
Valid California Community College Athletic Trainers' Association Membership.

Working Conditions:

ENVIRONMENT:
Indoor and outdoor work environment.
Evening or variable hours.
Possible exposure to adverse weather conditions.

PHYSICAL DEMANDS:
Dexterity of hands and fingers to operate a variety of equipment and provide treatment to students.
Sitting or standing for extended periods of time.
Bending at the waist, kneeling or crouching to assist students.
Seeing to monitor student activities.
Hearing and speaking to exchange information.
Reaching overhead, above the shoulder and horizontally.
Lifting, carrying, pushing or pulling heavy objects as assigned by the position.
Walking.

HAZARDS:
Contact with blood and other bodily fluids.
Potential for exposure to bloodborne pathogens and communicable diseases.
Exposure to chemical cleaning agents.
Athletic Trainer - Continued