MUS - Music

MUS NC011 - Basics of Singing I: For Older Adults (0 Unit)

Novice or experienced older adult singers learn singing and breathing techniques, vocal support, range, song interpretation, and stage presence. Older adult students will develop enhanced self-esteem and communication skills while participating with and performing for fellow students.

Hours: 20 (20 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status I CRN Units Type Meeting Time Location Cap Act WL Cap WL Act Instructor Date Weeks
OPEN 81295 0.0 Lec F 06:00pm - 09:10pm SCHOTT 20 25 0 0 0 Laurel Fryer 06/30-08/10 6

MUS NC045 - Jazz Appreciation and History: For Older Adults (0 Unit)

Older adults practice critical thinking and self-expression through the demonstration and discussion of Jazz. Students will view archival films and gain insights into American musical & cultural history while expanding their breadth of knowledge of jazz music and musicians. Older adults will experience the mental, physical, and emotional benefits resulting from social engagement and group interaction that build camaraderie through this common interest and shared love of our nation's music.

Hours: 15 (15 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status I CRN Units Type Meeting Time Location Cap Act WL Cap WL Act Instructor Date Weeks
OPEN 81296 0.0 Lec T 06:00pm - 08:00pm SCHOTT 20 25 0 0 0 Chuck Wood 06/30-08/10 6

MUS NC057 - Recorder Playing: For Older Adults (0 Unit)

Older adult student learn to play the recorder (or "Old English flute"). Students will receive group and individual instruction and an opportunity to make music with others. Enhanced self esteem and sense of accomplishment as students learn a new skill and have an opportunity to share the experience with peers with similar interests. The first hour will be devoted to beginners. Appropriate for the older adult beginning and continuing student. Please bring a recorder to the first class.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status I CRN Units Type Meeting Time Location Cap Act WL Cap WL Act Instructor Date Weeks
OPEN 81293 0.0 Lec T 04:30pm - 05:30pm WAKE 15 25 0 0 0 Nancy Roman 06/30-08/10 6
Lab T 05:35pm - 07:05pm WAKE 15 06/30-08/10

MUS NC061 - Music of Our Lives and Times: For Older Adults (0 Unit)

This course is designed to promote the mental, emotional, and social well-being of older adults through the enjoyment, discussion and associations of music. Familiar music and stimuli encourage individual responses and reawaken neural connections, resulting in improved recall, sense of self-worth, and mental alertness.

Hours: 12 (12 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status I CRN Units Type Meeting Time Location Cap Act WL Cap WL Act Instructor Date Weeks
OPEN 81324 0.0 Lec M 10:00am - 11:15am ALTO MTG ROOM 40 0 0 0 Luis Sanchez 06/30-08/10 6
OPEN 81325 0.0 Lec T 10:30am - 11:45am BVISTA MTG ROOM 40 0 0 0 Carol Ann Manzi 06/30-08/10 6
OPEN 81326 0.0 Lec F 01:30pm - 02:45pm FRAGOL MTG ROOM 40 0 0 0 Luis Sanchez 06/30-08/10 6
OPEN 81327 0.0 Lec T 01:30pm - 02:45pm FRAMON MTG ROOM 40 0 0 0 Carol Ann Manzi 06/30-08/10 6
OPEN 81328 0.0 Lec R 02:00pm - 03:15pm GRDNCT MTG ROOM 40 0 0 0 Susan Gomez 06/30-08/10 6
OPEN 81329 0.0 Lec M 10:00am - 11:15am GVIDA MTG ROOM 40 0 0 0 Luis Sanchez 06/30-08/10 6
MUS NC090 - Performance Singing: For Older Adults (0 Unit)

Older adult students learn vocal techniques, song interpretation and performance technique to effectively perform songs in front of an audience. Students benefit from breathing and stretching exercises to develop flexibility and lung capacity. Mental acuity is enhanced through memorization of musical numbers and sight music reading skills. Students learn to give and receive constructive criticism. This class develops self confidence, socialization skills and provides an expressive outlet for creative expression.

Hours: 20 (8 lecture,12 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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