MUS - Music

MUS NC011 - Basics of Singing I: For Older Adults (0 Unit)

Novice or experienced older adult singers learn singing and breathing techniques, vocal support, range, song interpretation, and stage presence. Older adult students will develop enhanced self-esteem and communication skills while participating with and performing for fellow students.

Hours: 20 (20 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status | CRN | Units | Type | Meeting Time | Location | Cap | Act | WL Cap | WL Act | Instructor | Date | Weeks
---|---|---|---|---|---|---|---|---|---|---|---|---
OPEN | 20902 | 0.0 | Lec | F 06:00pm - 09:10pm | SCHOTT 20 | 20 | 0 | 0 | 0 | Laurel Fryer | 05/21-06/29 | 6

MUS NC045 - Jazz Appreciation and History: For Older Adults (0 Unit)

Older adults practice critical thinking and self-expression through the demonstration and discussion of Jazz. Students will view archival films and gain insights into American musical & cultural history while expanding their breadth of knowledge of jazz music and musicians. Older adults will experience the mental, physical, and emotional benefits resulting from social engagement and group interaction that build camaraderie through this common interest and shared love of our nation's music.

Hours: 15 (15 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status | CRN | Units | Type | Meeting Time | Location | Cap | Act | WL Cap | WL Act | Instructor | Date | Weeks
---|---|---|---|---|---|---|---|---|---|---|---|---
OPEN | 20903 | 0.0 | Lec | T 06:00pm - 08:00pm | SCHOTT 20 | 25 | 0 | 0 | 0 | Chuck Wood | 05/21-06/29 | 6

MUS NC057 - Recorder Playing: For Older Adults (0 Unit)

Older adult student learn to play the recorder (or "Old English flute"). Students will receive group and individual instruction and an opportunity to make music with others. Enhanced self esteem and sense of accomplishment as students learn a new skill and have an opportunity to share the experience with peers with similar interests. The first hour will be devoted to beginners. Appropriate for the older adult beginning and continuing student. Please bring a recorder to the first class.

Hours: 30 (10 lecture,20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status | CRN | Units | Type | Meeting Time | Location | Cap | Act | WL Cap | WL Act | Instructor | Date | Weeks
---|---|---|---|---|---|---|---|---|---|---|---|---
OPEN | 20900 | 0.0 | Lec | T 04:30pm - 05:30pm | WAKE 15 | 25 | 0 | 0 | 0 | Nancy Roman | 05/21-06/29 | 6
Lab | 05:35pm - 07:00pm | WAKE 15 | 05/21-06/29

MUS NC061 - Music of Our Lives and Times: For Older Adults (0 Unit)

This course is designed to promote the mental, emotional, and social well-being of older adults through the enjoyment, discussion and associations of music. Familiar music and stimuli encourage individual responses and reawaken neural connections, resulting in improved recall, sense of self-worth, and mental alertness.

Hours: 12 (12 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

Status | CRN | Units | Type | Meeting Time | Location | Cap | Act | WL Cap | WL Act | Instructor | Date | Weeks
---|---|---|---|---|---|---|---|---|---|---|---|---
OPEN | 20932 | 0.0 | Lec | M 10:00am - 11:30am | ALTO MTG ROOM | 40 | 0 | 0 | 0 | Luis Sanchez | 05/21-06/29 | 6
OPEN | 20933 | 0.0 | Lec | T 10:30am - 11:45am | BVISTA MTG ROOM | 40 | 0 | 0 | 0 | Carol Ann Manzi | 05/21-06/29 | 6
OPEN | 20934 | 0.0 | Lec | F 01:30pm - 02:45pm | FRAGOL MTG ROOM | 40 | 0 | 0 | 0 | Luis Sanchez | 05/21-06/29 | 6
OPEN | 20935 | 0.0 | Lec | T 01:30pm - 02:45pm | FRAMON MTG ROOM | 40 | 0 | 0 | 0 | Carol Ann Manzi | 05/21-06/29 | 6
OPEN | 20936 | 0.0 | Lec | R 02:00pm - 03:15pm | GRDNCNT MTG ROOM | 40 | 0 | 0 | 0 | Susan Gomez | 05/21-06/29 | 6
OPEN | 20937 | 0.0 | Lec | M 10:00am - 11:30am | GVIDA MTG ROOM | 40 | 0 | 0 | 0 | Luis Sanchez | 05/21-06/29 | 6
MUS NC085 - Essence of Opera: For Older Adults (0 Unit)

This course teaches older adults the history of opera. Students will study different opera composers, musical scores, historical backgrounds, and social contexts. Students watch and listen to examples of operatic performances, enhancing memory retention and socialization skills.

Hours: 20 (20 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

MUS NC090 - Performance Singing: For Older Adults (0 Unit)

Older adult students learn vocal techniques, song interpretation and performance technique to effectively perform songs in front of an audience. Students benefit from breathing and stretching exercises to develop flexibility and lung capacity. Mental acuity is enhanced through memorization of musical numbers and sight music reading skills. Students learn to give and receive constructive criticism. This class develops self confidence, socialization skills and provides an expressive outlet for creative expression.

Hours: 20 (8 lecture, 12 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit