## ART - Art

### ART NC101 - Beginning Oil Painting: For Older Adults (0 Unit)

Older adult students explore painting materials, set-up and palette-mixing, color combinations that work, and the use of light. Learn artistic techniques of applying paint to canvas, including brushes and palette knife. Students gain exposure to still-life, landscape, representational, abstract, and impressionistic.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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### ART NC106 - Exploring Watercolor for Older Adults (0 Unit)

This course is designed to enhance, improve and increase the older adult's knowledge and skills in watercolor painting. Students receive lessons in color theory, value, composition and a multitude of watercolor techniques. Older adults can improve hand-eye coordination and retention of information and theory by taking this course.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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### ART NC112 - Keeping an Art Journal: For Older Adults (0 Unit)

This course teaches older adults how to develop an art journal. Older adults will record their daily lives through the use of mixed media techniques in collage, painting and writing.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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### ART NC126 - Splashing Watercolor: For Older Adults (0 Unit)

Through lecture, demonstrations and handouts, the older adult student will learn a variety of beginning and continuing student level approaches and techniques to watercolor. Older adult students will exercise cognitive and social skills to support the developmental tasks of aging. Students will learn a variety of styles, color theory and composition. The class includes a strong emphasis on color and light. Students will receive individual and group attention and critiques.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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### ART NC138 - Painting in Acrylic: For Older Adults (0 Unit)
The older adult student uses acrylics to experiment and create rich, vibrant paintings. Color theory explored, composition and design principles discussed, as the student creates a series of individual paintings, increasing ability to retain and apply knowledge, increase facility with using tools, and enhance visual focus and attention to detail and structure.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

**ART NC154 - Beginning Watercolor, Painting with the Flow: For Older Adults (0 Unit)**

The course will cover color mixing and color theory, composition, the elements of design and how to make your paintings come to life by utilizing the effects of light and shadow. Older adults, students are encouraged to paint freely and discover individual style. Includes painting demonstrations and creative warm-up exercises. Improves retention and application of knowledge and theory, ability to notice details in light and shadow, and enhances self-confidence and socialization skills.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

**ART NC156 - Botanical Illustration: For Older Adults (0 Unit)**

This course introduces older adults to the art of botanical illustration. Working in line and half-tone, with pencil, pen and watercolor, the older adult student of nature learns to depict plant species and understand botanical form and function. Students may focus on native plants or backyard garden varieties. Includes attention to plant anatomy, form, function, and composition and practice with color and abstraction.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

**ART NC190 - Abstract Painting: For Older Adults (0 Unit)**

This course provides older adults a comprehensive, historical overview of abstract art and practical instruction in the painting of abstract pictures. Students will explore methods, materials, composition, color, and intuitive uses of their imagination through new techniques.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

**ART NC193 - Artist's Open Studio: For Older Adults (0 Unit)**

Older adult students identify and examine personal interests and aptitudes in the arts. Students of all levels sketch and paint in an open lab setting assimilating the principles and ideas derived from studying master artists and viewing great works of art.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit
**ART NC211 - Beginning Drawing: For Older Adults (0 Unit)**

This course is designed for the older adult who wants to draw and deepen their understanding of drawing and composition. Students will expand their observational skills and learn to develop skills to create interesting compositions. Students will learn about gesture, shadows and shading with the use of a variety of materials, enhancing ability to focus on visual detail. Two outside campus field trips to Santa Barbara Mission and Natural History Museum.

Hours: 30 (10 lecture, 20 lab)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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**ART NC585 - Art Experiences and Conversations: For Older Adults (0 Unit)**

Older adult students practice self-expression by viewing works of art and discussing basic art principles. Students familiarize themselves with the work of a number of artists by viewing prints of the artwork, then express their feelings discussing the prints and the artist’s background. Discussion topics include art principles such as color, line and shape, and recollections and associations about art, history and life.

Hours: 12 (12 lecture)
Transfer Information: None
SBCC General Education: None
Grading Options: Noncredit

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**ART NC722 - Chinese Calligraphy and Brush Painting: For Older Adults (0 Unit)**

Older adult students will learn Chinese calligraphy and brush painting. Students will practice basic calligraphy strokes and color loading techniques. Students will write Chinese words, learn the spiritual meaning behind each character, and paint traditional Asian subjects (bamboo, blossom, orchid, iris, and lotus.)

Hours: 30 (10 lecture, 20 lab)
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SBCC General Education: None
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**ART NC906 - Individualized Sewing (0 Unit)**

This class is designed for the student who has a desire to learn to sew and/or improve their sewing skills. Students will be guided through the techniques necessary to construct a project of their choice. Projects will provide the opportunity for creativity, achievement and success through a combination of theory and practical experience.

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