

Field Trip Orientation Meeting, Schedule, and Equipment List

Note: You must attend the pre-trip orientation on Friday, August 1, 2014.

The trip leaves on Sunday, August 3 at 5:45 a.m.

Date	Event and Location	Time	What We Will be Doing
Friday, August 1	<u>Pre-Trip Orientation Meeting</u> In EBS 123, Earth and Biological Sciences Building	8:00 a.m. - 9:30 a.m. 9:30 a.m. - 2:00 p.m.	Review logistics of trip Overview of rocks and plate tectonics. Students who have satisfactorily completed an SBCC geology class are excused.
Sunday, August 3	<u>Departure</u> from EBS 123	<u>5:45 a.m.</u>	Bring your well-labeled luggage
Sunday August 10	Return to SBCC	Early evening	

Equipment List for Western Sierra Nevada Field Trip

BE ESPECIALLY PREPARED FOR COLD WEATHER. WE WILL BE CAMPING HIGH IN THE SIERRAS AND SOME SUB-FREEZING NIGHTS ARE LIKELY.

✓	<p>LIST A – CAMPING GEAR. Pack these items in your duffel bag or suitcase. Do not use a backpack with metal frame. You will not have access to your List A gear during the day.</p> <ul style="list-style-type: none"> Label every item clearly with your name. Do not tie or bungee together your sleeping bag, duffel bag and other gear into one long linked bundle. Do not pack breakables. Your gear will be handled roughly. Be prepared for cold and wet!!!
	Sleeping bag - very warm non-cotton filled sleeping bag (borrow or rent one if you don't have one) or bring two
	Ensolite/foam pad/air mattress
	Waterproof ground cloth/tarp
	Flashlight with new batteries
	Duffel bag/suitcase.
	Coffee mug. No drinking containers are provided.
	Earplugs (optional)
	Personal toilet items
	Small tent (2 campers per tent maximum)
✓	Clothing
	Adequate clothes for both hot and cold weather
	Light-weight closed-toe hiking boots/shoes (No flip-flops)
	Jacket or sweatshirt
	Wool or ski gloves
	Warm hat
	Rain gear

✓	<p>LIST B – DAY STUFF. Pack LIST B items in your backpack. Bring it with you on the morning of departure and take it with you on the van. This is your “during the day” gear.</p>
	Note taking items
	3-ring binder for notes (1" thick)
	Lots of paper, 3-hole punched, white, lined 8 1/2 x 11 inch
	Pens - black or blue
	Colored pencils, pencil sharpener
	Straight edge, White-Out, eraser
✓	Clothing
	Jacket or sweatshirt
	Swimsuit, towel
	Hat with brim (optional)
✓	Other items
	Lunch (1 st day only)
	Water bottle, filled
	Camera and plenty of film or memory (optional)
	Sunscreen
	Sunglasses
	Soap, shampoo, deodorant
	Chapstick
	Hand lotion
	Kleenex/toilet paper
	Moist towelettes (optional)
	Insect repellent (optional)
	Compact, flat-folding chair or something soft to sit on
	Information about your private medical insurance including name, policy number, details, deductibles, etc. plus how to file a claim
	Music with individual headphones - for camp use only.

PROHIBITED ITEMS

DO NOT BRING: drugs, alcohol, firearms, boom boxes, rock climbing gear, "condo-style" tents.